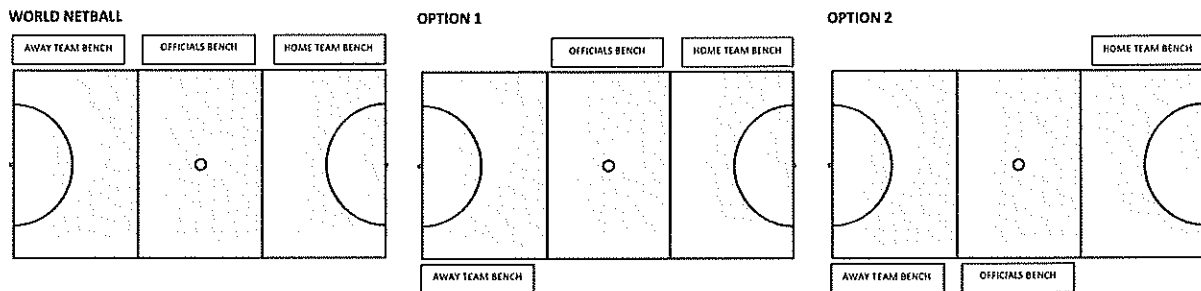


LONDON & SOUTH EAST U16 REGIONAL LEAGUE

Instructions for Team Benches



- Team benches should be placed so as not to impede the Umpires.
- The Team Officials are Coach, Manager, and one other person, at least one of whom should be a primary care person and hold an appropriate first aid qualification.
- The Team Officials together with up to five players not on court constitute the Team Bench.
- The Team Officials and bench players may not move along the side lines and goal lines outside the court during play.
- **Coaching is only permitted from the Team Bench.**
- The above instructions are in addition to the rules of the competition and the current World Netball rules and England Netball domestic guidance.