## **LONDON & SOUTH EAST U14 REGIONAL LEAGUE**

## **Team Bench Protocols**

- The Team Bench will be at the team's defending end at the start of the game, normally
  to the right of the netball post (i.e. not in the umpire's path). Do not change ends
  during the match.
- The Team Officials are Coach, Manager, and one other person, at least one of whom should be a primary care person and hold an appropriate first aid qualification.
- The Team Officials together with up to five players not on court constitute the Team Bench.
- The Team Officials and bench players may not move along the side lines and goal lines outside the court during play.
- Coaching is only permitted from the Team Bench.
- The above instructions are in addition to the rules of the competition and the current World Netball rules and England Netball domestic guidance.

Issue date: August 2025 | 13