

Regional League Handbook

2026-2027



CONTENTS

	Page
Introduction	3
Club Details & Contacts	4
Divisions & Venue information	10
Match Schedule	11
Rules & Regulations	13
Primary Carer	22
Safeguarding & Child Protection Issues	22
Photography Guidelines	23
Photography Sign-in Sheet	24
Complaint Form	25
Age Banding Instructions	26
Age Banding Form	28
Clubs, Umpires and Scorers Protocols	29
Risk Assessment Forms	30
Results/Game Management Sheet	32

Please note –

All the data in this document has been provided for the legitimate purpose of administering/organising the L&SER Netball League. Full GDPR information is on the L&SER Website.

INTRODUCTION

This is the information you will require for the season, which we hope, will be successful and enjoyable for all those participating.

Competition Referee

Laura Pawley

E-mail: lp@gumersalls.co.uk

Tel: 07952186434

Officiating Co-ordinator

Anne Spracklan

Mob: 07798 787153

Tel: 020 8651 5174

E-mail: aspracklan@blueyonder.co.uk

Registration/Results Sheet/Google Forms

Helen Telfer

E-mail: helen.telfer55@outlook.com

07796 494 217

Match Day Results

Gwenda Boniface: gwendaboniface@gmail.com

Mobile: 07855 469093

Helen Telfer: helen.telfer55@outlook.com

Regional Co-ordinator: londonandsoutheast@englandnetball.co.uk

League Tables can be viewed on: <http://www.londonandsoutheastnetball.co.uk/> (on the front page)

Match Days

If, on the day of the match, unforeseen circumstances arise which affect the agreed arrangements for that match:

- 1) Contact the opposition
- 2) Contact the umpires
- 3) Inform the Competition Referee, the Officiating Co-ordinator and the Regional Office of the situation.

General League Enquiries

Laura Pawley: lp@gumersalls.co.uk

Julie Cross: juliebcross@btinternet.com

London & South East Regional Office

londonandsoutheast@englandnetball.co.uk

ACADEMY (Div 1) <i>EN ID 57</i> Venue: Brunel University Sports Centre Kingston Lane, Uxbridge, UB8 3PH Harlington Sports Centre Pinkwell Lane, Hayes, UB3 1PB Contact 1: Sally Essex 07730 938 378 sallyessex57@gmail.com Contact 2: Yvette Gray 07903 950 312 bcham@hotmail.co.uk Dress :  Bibs: 	ALPHA (Div 3) <i>EN ID 115</i> Venue: Trinity School Shirley Park, Addiscombe Road, Croydon CR9 7AT Contact 1: Madeleine Reed 07432 090 967 alphanetball@hotmail.co.uk Contact 2: Elin Huws 07875 135 033 alphafixtures@hotmail.com Dress :  Bibs: 
BEACONS (Div 3) <i>EN ID 17740</i> Venue: Bromley High Blackbrook Lane, Bromley BR1 2TW Bromley College BR2 8HE Dartford Grammar DA1 2NT Contact 1: Sam Holder 07725 739 778 samholder@beaconsnetballclub.com Contact 2: Ellie Chambers 07468 586 601 elliechambers@beaconsnetballclub.com Dress :  Bibs: 	CAPITAL NUNS (Div 1) <i>EN ID 7555</i> Venue: Trinity School Addiscombe Rd, Shirley Park, CR9 7AT Tiffin School for Girls Queen Elizabeth Rd, Kingston, KT2 6RL Contact 1: Katie Adam 07931 538 116 capitalnunsnetballclub@gmail.com Contact 2: Ciara Deeley 07464 004 620 nunsclubcaptain@gmail.com Dress :  Bibs: 

CLAYGATE (Div 1) <i>EN ID 742</i> Venue: Tiffin School for Girls Richmond Rd, Kingston, KT2 5PL Contact 1: Georgina Howard 07712 596 942 claygatenetball@gmail.com Contact 2: Christina Shaw 07770 721 920 claygatenetball@gmail.com Dress :  Bibs: 	COMETS (Div 3) <i>EN ID 3583</i> Venue: Polo Farm Sports Club Littlebourne Rd, Canterbury, CT3 4AF Dartford Grammar School Shepherds Lane, Dartford, DA1 2NT Contact 1: Sue Moon 01795 535 142 / 07968 691 857 suemoon@sky.com Contact 2: Shelley Gray 07788 434 495 shelley_gray@swissre.com shooter_shell@yahoo.co.uk Dress :  Bibs: 
CUMBERLAND (Div 1) <i>EN ID 10181</i> Venue: Ashmole Academy Cecil Road, Southgate, N14 5RJ Contact 1: Katrina Brooks 07525 030 953 premandregionalcnc@gmail.com cncchairperson@gmail.com Contact 2: Rosie Minderides 07872 643 130 premandregionalcnc@gmail.com Dress :  Bibs: 	ECLIPSE (Div 3) <i>EN ID 18682</i> Venue: Dartford Technology College Heath Lane, Dartford, DA1 2LY Contact 1: Diana Fergus 07932 690 571 diana.fergus@yahoo.co.uk Contact 2: Wendy Modeste 07932 733 303 wendy455@hotmail.co.uk Dress :  Bibs: 

ESSEX OPEN (Div 1) <i>EN ID 1065</i> Venue: Harrow Lodge Sports Centre Hornchurch Rd, Hornchurch, RM11 1JU Contact 1: Steve Wilks 07730 005 181 sjwilks57@gmail.com Contact 2: Rebecca Wilks 07895 501 802 rebecca_wilks@hotmail.com Dress :  Bibs: 	HYDE PARK (Div 1) <i>EN ID 1517</i> Venue: Ashmole Academy Cecil Rd, London, N14 5AL Contact 1: Madeleine Grimsey 07512 684 232 hpnc.mangement@gmail.com Contact 2: Lauren Butler 07550 013 685 hpnc.managment@gmail.com Dress :  Bibs: 
KENT CLUB (Div 2) <i>EN ID 3608</i> Venue: Dartford Grammar Sch for Girls Shepherds Ln, Dartford, DA1 2NT Contact 1: Chantal Smith 07780 007 543 chantalsmith300@gmail.com Contact 2: Pauline Pearson 07816 762 222 paulinepearson@me.com Dress :  Bibs: 	LEYTON (Div 2) <i>EN ID 1825</i> Venue: UEL Sports Dock 4-6 University Way, London, E16 2RD The Score 2 Coronation Square, Leyton, E10 5UN Contact 1: Sharon Smith 07958 297 620 leytonnetball@hotmail.co.uk Contact 2: Alyson Imbert 07958 234 007 alyson.imbert@aol.co.uk Dress :  Bibs: 

MANOR MET (Div 2) <i>EN ID 10206</i> Venue: Redbridge Leisure Centre Forest Rd, Ilford, IG8 3HD Harrow Lodge Leisure Centre Hornchurch Rd, Hornchurch, RM11 1JU SportsDock UEL, 4-6 University Way, E16 2RD Contact 1: Gail Drewry 07759 396 507 manornetballclub@gmail.com Contact 2: Lisa Moynihan 07854 200 482 gaildrewry@live.co.uk Dress :  Bibs: 	MINCHENDEN (Div 3) <i>EN ID 2023</i> Venue: Ashmole Academy Cecil Rd, London, N14 5RJ Contact 1: Lucy Summers 07592 809 346 lucy.summers@ymail.com Contact 2: Tammy Heppenstall 07795 471 446 tammyhep@gmail.com Amelia Cameron 07537 979 949 milsscameron@gmail.com Dress :  Bibs: 
NEW CAMBELL (Div 1) <i>EN ID 2104</i> Venue: Harrow Lodge Leisure Centre Hornchurch Rd, Hornchurch, RM11 1JU Contact 1: Tracey Daly 07800 961 565 idtdaly@aol.com Contact 2: Holly Minney 07788 555 018 hn8@hotmail.co.uk Dress :  Bibs: 	POLY (Div 1) <i>EN ID 2421</i> Venue: Ashmole Academy Cecil Rd, London, N14 5RJ Contact 1: Jayne Lea 07787 113 988 jaynelea1@yahoo.co.uk jayne.lea@mondrian.com Contact 2: Hattie Beaumont 07792 118 192 hattiebeaumont@hotmail.co.uk Dress :  Bibs: 

ROUNDWOOD (Div 2) <i>EN ID 7556</i> Venue: Coombe Wood School Melville Ave, Sth Croydon, CR2 7HY Contact 1: Sara Palmer 07941 236 249 sara28palmer@gmail.com roundwoodnetballclub1@gmail.com Contact 2: Cara MacCartney 07736 927 571 cara.mccartney63@gmail.com Dress :  Bibs: 	ROSSLYN PARK (Div 3) <i>EN ID 2060635</i> Venue: Tiffin Girls School (Sports Hall 1) Richmond Road, Kingston, KT2 5PL Contact 1: Lucy Paterson 07734 814 585 netball.secretary@rosslynpark.co.uk Contact 2: Erin McGready 07855 414 394 netball.secretary@rosslynpark.co.uk Dress :  Bibs: 
TELSTARS (Div 2) <i>EN ID 3071</i> Venue: Dartford Science & Tech College Heath Lane, Dartford, DA1 2LY Contact 1: Anita Hollman 07703 554 686 anitahollman@btinternet.com Contact 2: Amoy Clarke 07881 304 640 amoyclarke@gmail.com Dress :  Bibs: 	THE DOWNS (Div 2) <i>EN ID 3106</i> Venue: Epsom & Ewell High School Ruxley Lane, West Ewell, KT19 9JW Contact 1: Debbie Taylor 07984 030 833 debbie.taylor@downsnetballclub.co.uk Contact 2: Natalie Swift 07966 644 632 natalie.swift@downsnetballclub.co.uk Dress :  Bibs: 

TROY (Div 3) <i>EN ID 3234</i> Venue: The Latymer School Haselbury Rd, Edmonton, Enfield, N9 9TN Contact 1: Cherrelle Bryan (Yiminyi) 07983 386 584 cyiminyi@gmail.com Contact 2: Fay Downie 07957 580 924 faces59@yahoo.co.uk Dress :  Bibs: 	WEALDEN (Div 3) <i>EN ID 3379</i> Venue: Kent College Pembury Old Church Lane, Pembury, TN2 4AX Contact 1: Rachael Jarman 07817 626 566 rachaeljarman606@hotmail.com Contact 2: Tracey Jones 07979 804 615 traceyljones70@googlemail.com Dress :  Bibs: 
WIMBLEDON (Div 2) <i>EN ID 1337</i> Venue: Epsom & Ewell High School Ruxley Lane, West Ewell, KT19 9JW Contact 1: Alison MacDonald 07930 636 077 wimbledonnetballclub@gmail.com Contact 2: Fiona Stirling 07535 426 712 fiona.stirling@gmail.com Dress :  Bibs: 	VIBRANT (Div 2) <i>EN ID 3305</i> Venue: Dartford Grammar School for Girls Shepherds Lane, Dartford, DA1 2NT Contact 1: Janice Woodman 07813 120 039 j.woodman650@btinternet.com j.woodman@ttg.co.uk Contact 2: Kelly Owen 07538 375 620 kellyowen86@outlook.com Dress :  Bibs: 

DIVISIONS 2026 - 2027

Division 1	Division 2	Division 3
Academy	Kent Club	Alpha
Capital Nuns	Leyton	Beacons
Claygate	Manor Met	Comets
Cumberland	Roundwood	Eclipse
Essex Open	Telstars	Minchenden
Hyde Park	The Downs	Rosslyn Park
New Cambell	Vibrant	Troy
Poly	Wimbledon	Wealden

VENUE ADDRESSES & TELEPHONE NUMBERS

Ashmole Academy	Cecil Rd, Southgate, London N14 5RJ (Tel: 020 8361 2703)
Bromley High School	Blackbrook Lane, Bromley BR1 2TW (Tel: 020 8781 7000)
Bromley College	Rookery Lane, Bromley BR2 8HE (Tel: 020 3954 4000)
Brunel University Sports Centre	Kingston Lane, Uxbridge UB8 3PH (Tel: 01895 265 305)
Coombe Wood School	Melville Ave, South Croydon CR2 7HY (email: operations@folioactive.uk)
Dartford Grammar School for Girls	Shepherds Lane, Dartford DA1 2NT (Tel: 01322 223 123)
Dartford Science & Tech College	Heath Lane, Dartford DA1 2LY (Tel: 01322 224 309)
Epsom & Ewell High School	Ruxley Lane, West Ewell, Epsom KT19 9JW (Tel: 020 8974 0400)
Harlington Sports Centre	Dudley Place, Off Pinkwell Lane, Hayes UB3 1PB (Tel: 020 8569 3211)
Harrow Lodge Leisure Centre	Hornchurch Road, Hornchurch RM11 1JU (Tel: 01708 454 135)
Kent College Senior School	Old Church Lane, Pembury TN2 4AX (email: cystera@kentcollege.kent.sch.uk)
Polo Farm Sports Club	Littlebourne Rd, Canterbury CT3 4AF (Tel: 01227 769 159)
Redbridge Sports Centre	Forest Rd, Ilford IG6 3HD (Tel: 020 8498 1000)
The Latymer School	Haselbury Rd, Edmonton, Enfield N9 9TN (Tel: 020 8807 4037)
The Score Leisure Centre	2 Coronation Square, Oliver Rd, Leyton E10 5UN (Tel: 020 8539 8474)
Tiffin School for Girls	Richmond Road, Kingston KT2 5PL (Tel: 020 8546 0773)
Trinity School	Shirley Park, Addiscombe Road, Croydon CR9 7AT (Tel: 020 8656 9541)
UEL Sports Dock	4-6 University Way, London E16 2RD (Tel: 020 8223 6888)

London & South East Regional League Fixtures

2026-2027

Date	Division 1	Division 2	Division 3
19 th September	Poly v Hyde Park	Roundwood v Leyton	Comets v Wealden
	Capital Nuns v New Cambell	The Downs v Telstars	Beacons v Troy
	Cumberland v Academy	Kent Club v Vibrant	Alpha v Minchenden
	Essex Open v Claygate	Manor Met v Wimbledon	Eclipse v Rosslyn Park
3 rd October	Cumberland v Hyde Park	Kent Club v Roundwood	Alpha v Wealden
	Poly v Capital Nuns	Leyton v The Downs	Comets v Beacons
	Claygate v Academy	Wimbledon v Vibrant	Rosslyn Park v Minchenden
	Essex Open v New Cambell	Manor Met v Telstars	Eclipse v Troy
17 th October	Hyde Park v Essex Open	Roundwood v Manor Met	Wealden v Eclipse
	Capital Nuns v Claygate	The Downs v Wimbledon	Beacons v Rosslyn Park
	New Cambell v Cumberland	Telstars v Kent Club	Troy v Alpha
	Academy v Poly	Vibrant v Leyton	Minchenden v Comets
31 st October	Hyde Park v Academy	Roundwood v Vibrant	Wealden v Minchenden
	Claygate v New Cambell	Wimbledon v Telstars	Rosslyn Park v Troy
	Cumberland v Poly	Leyton v Kent Club	Alpha v Comets
	Essex Open v Capital Nuns	Manor Met v The Downs	Eclipse v Beacons
7 th November	Capital Nuns v Hyde Park	The Downs v Roundwood	Beacons v Wealden
	New Cambell v Academy	Telstars v Vibrant	Troy v Minchenden
	Poly v Claygate	Wimbledon v Leyton	Comets v Rosslyn Park
	Cumberland v Essex Open	Kent Club v Manor Met	Alpha v Eclipse
21 st November	Claygate v Hyde Park	Wimbledon v Roundwood	Rosslyn Park v Wealden
	Capital Nuns v Cumberland	The Downs v Kent Club	Beacons v Alpha
	Poly v New Cambell	Telstars v Leyton	Comets v Troy
	Essex Open v Academy	Manor Met v Vibrant	Minchenden v Eclipse
5 th December	New Cambell v Hyde Park	Telstars v Roundwood	Troy v Wealden
	Academy v Capital Nuns	Vibrant v The Downs	Beacons v Minchenden
	Cumberland v Claygate	Kent Club v Wimbledon	Alpha v Rosslyn Park
	Poly v Essex Open	Leyton v Manor Met	Comets v Eclipse

Regional Spare Date

Seniors 13th December 20

London & South East Regional League Fixtures

2026-2027

Date	Division 1	Division 2	Division 3
16 th January	Hyde Park v Poly	Leyton v Roundwood	Wealden v Comets
	New Cambell v Capital Nuns	Telstars v The Downs	Troy v Beacons
	Academy v Cumberland	Vibrant v Kent Club	Minchenden v Alpha
	Claygate v Essex Open	Wimbledon v Manor Met	Rosslyn Park v Eclipse
30 th January	Hyde Park v Cumberland	Roundwood v Kent Club	Wealden v Alpha
	Capital Nuns v Poly	The Downs v Leyton	Beacons v Comets
	Academy v Claygate	Vibrant v Wimbledon	Minchenden v Rosslyn Park
	New Cambell v Essex Open	Telstars v Manor Met	Troy v Eclipse
6 th February	Essex Open v Hyde Park	Manor Met v Roundwood	Eclipse v Wealden
	Claygate v Capital Nuns	Wimbledon v The Downs	Rosslyn Park v Beacons
	Cumberland v New Cambell	Kent Club v Telstars	Alpha v Troy
	Poly v Academy	Leyton v Vibrant	Comets v Minchenden
20 th February	Academy v Hyde Park	Vibrant v Roundwood	Minchenden v Wealden
	New Cambell v Claygate	Telstars v Wimbledon	Troy v Rosslyn Park
	Poly v Cumberland	Kent Club v Leyton	Comets v Alpha
	Capital Nuns v Essex Open	The Downs v Manor Met	Beacons v Eclipse
6 th March	Hyde Park v Capital Nuns	Roundwood v The Downs	Wealden v Beacons
	Academy v New Cambell	Vibrant v Telstars	Minchenden v Troy
	Claygate v Poly	Leyton v Wimbledon	Rosslyn Park v Comets
	Essex Open v Cumberland	Manor Met v Kent Club	Eclipse v Alpha
20 th March	Hyde Park v Claygate	Roundwood v Wimbledon	Wealden v Rosslyn Park
	Cumberland v Capital Nuns	Kent Club v The Downs	Alpha v Beacons
	New Cambell v Poly	Leyton v Telstars	Troy v Comets
	Academy v Essex Open	Vibrant v Manor Met	Eclipse v Minchenden
3 rd April	Hyde Park v New Cambell	Roundwood v Telstars	Wealden v Troy
	Capital Nuns v Academy	The Downs v Vibrant	Minchenden v Beacons
	Claygate v Cumberland	Wimbledon v Kent Club	Rosslyn Park v Alpha
	Essex Open v Poly	Manor Met v Leyton	Eclipse v Comets

Regional Spare Date

Seniors 11th April 2027

Premier League Playoffs

Saturday/Sunday 24th & 25th April 2027

Proposed Regional Playoffs

Saturday 8th May

REGIONAL LEAGUE RULES & REGULATIONS 2026/2027

1. ORGANISATION AND ADMINISTRATION

1.1 The Regional League shall be governed and managed by the Regional Management Board (RMB), which may delegate its powers and authority in this respect to any sub-committee or individual(s).

1.2 The decisions of the RMB, or its nominee(s), in respect of these rules and regulations and on any other matter related to the Regional League which is not provided for below, shall be considered final and binding on all parties (subject to the right of appeal which is specifically provided for under England Netball's Disciplinary Regulations).

1.3 These rules and regulations shall be subject and secondary to the application of England Netball's rules and regulations, especially Playing Regulations 5.1 and 6.2.

1.4 It is the responsibility of all Team Managers, Coaches and Captains to ensure that all Participants are conversant with the rules and regulations and the England Netball Codes of Conduct.

2. PLAYING QUALIFICATIONS AND ELIGIBILITY

2.1 Application for entry to the Regional League shall be open to any club or team which is Registered to England Netball through a County Association which has paid its subscription in this respect, and which is situated within the boundaries of a County Association which is a member of the Regional Association – unless otherwise agreed by the RMB.

2.2 Entry to the Regional League will be determined by the RMB at its absolute discretion, subject to its reasonable application of the rules and regulations laid out herein, and having due regard to the playing standard of teams which wish to participate. In the same way, such casual vacancies as may appear from time to time will be addressed by the RMB in whatever way it sees fit.

2.3 The RMB may be entitled to charge an entry fee to the Regional League.

2.4 No club may enter more than one team in the Regional League.

2.5 By entering a team in the Regional League, clubs/teams agree that:

- They are conversant with and will abide by these rules and regulations, the England Netball Codes of Conduct and the England Netball Disciplinary Regulations.
- They are able and willing to fulfil the costs and commitments of participation in the Regional League

2.6 In order to qualify to participate in the Regional League:

a) i. The L&SE Regional League Competitions are in the female category as per the EN Gender Eligibility & Participation Policy. Only individuals who meet the eligibility criteria may be included on the team registration sheet as a player. For information on eligibility based on gender please see Section 7 (Female Category) of England Netball Gender Eligibility & Participation Policy.

ii. Any player who takes to the court without meeting the above criteria will be defined as an ineligible player and the team will be sanctioned in line with rule 10.2.2b.

b) A player must also be a fully paid Member of England Netball and registered through a Member Club or a County Association in London & South East Region.

2.7 A player may not play in 2 Geographically different Regional leagues (e.g. a L&SE Regional League and a South Regional League) during the same season.

2.8 All players must have paid their EN Membership and be marked as "active" on the ENgage Membership System prior to participation in the Regional League.

2.9 All players in the Regional League must be over 16 on 31 August / 1 September prior to the commencement of the League (subject to the provision below):

- An U16 player on the date above, may play in the Regional League with specific permission as defined by the RMB. Fully completed and **signed** Age Banding Form to be submitted when the player is registered.
- An U16 player registered with a team in the Regional U16 League may **not** play in the Regional Senior League on the same fixture date.
- All players under the age of 18 must carry with them some proof of age as random checks may be carried out.

2.10 No U14 player at the date defined in clause 2.9 may play in the Regional Senior League.

2.11 TEAM OFFICIALS (Bench Officials) & TECHNICAL OFFICIALS (Scorers, Timekeepers etc) –

- Preferably, hold full England Netball Membership for the current season.
- Coaches must be over 18 years of age.

2.12 Pregnant players – England Netball recommends that individuals (player, coach, umpire) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by England Netball.

3. REGISTRATION OF SQUAD MEMBERS

Any team who knowingly and deliberately provides false information regarding identity of players when registering players or naming of players on team sheets may be subject to disciplinary action and may be expelled from the competition. Disciplinary action may be taken against the club.

3.1 Squad registration sheets must contain at least 12 players for each participating team and must be completed fully. Each team must then lodge the sheets with the League Registration Secretary and the Regional Office at least fourteen (14) days prior to the commencement of the Regional League.

3.1.1 Clubs must also submit their Club Roster Report (from the England Netball Membership system) showing players flagged as 'active' for the current Membership year (**2026-2027**) at least 14 days prior to the commencement of the Regional League, the latest date as specified on the Entry Form.

3.2 Teams may only use those players whose names appear on their squad registration list held by the Regional Office and League Registration Secretary.

3.3 Any additions to the squad sheets must be lodged with the League Registration Secretary and the Regional Office by midnight on Tuesday prior to playing the match.

3.3.1 If the additions are also new **Members** of the Club, a copy of the relevant England Netball Membership Receipt confirming payment must accompany the Registration document.

3.4 Once a player is registered or has played she cannot transfer to another club within the Regional League during the course of the current playing season..

3.5 Each team must declare up to twelve (12) players prior to the start of each match by completing a team sheet/result card. Players' names must be completed in **full** (no initials) . Umpires/Scorers will ensure that completed team sheets are lodged with scorers prior to the game. Players not on the card prior to the start of the match may not take part.

3.6 Premier League Teams within the London & South East Region will be requested by the RMB to nominate their top 7 players before the start of the season. Any player submitted as a top 7 Premier League player cannot participate in or be a registered player of a Regional League team. Those named 7 players are expected to take to the court for that club's Premier League team in the first Premier League match of the season. After Round 3 of the Premier League, the RMB will verify if those named 7 players have played the most quarters for the club's Premier League team and if not, the 7 players who have, will be deemed by the RMB to be the top 7 Premier League players for the club and ineligible to play in the Regional League thereafter.

3.7 Players registered for a Regional Team may play up to and including 16 quarters for a Premier League Team. On the 17th occasion, those players will become ineligible to play again in the Regional Team in the Regional League or the Regional League Playoffs. The Region's records on the number of quarters played will take precedence for the purpose of this rule over the club's or EN's records.

3.8 Players registered to a Senior Super League Team may not participate in or be a registered player of a Regional League team.

3.9 No new registrations will be accepted after Round 10.

4. STRUCTURE OF THE LEAGUE

4.1 The Regional League will be contested between as many teams as shall be determined by the RMB from time to time. The number of teams will not normally be less than eight.

4.2 Each team in the Regional League will play the others twice.

4.3 Teams will be awarded league points as follows:

- 5 points for a win
- 3 points for a draw
- 2 points for a loss within 5 goals (e.g. 40 – 36)
- 1 point for a loss over 50% goals scored (eg 40-21)
- 0 for a loss

4.4 A Regional League table will be compiled on the basis of the points awarded to each team. Where two teams are level on points:

- Goal average shall be used to determine their relative positions. Goal average will be determined by dividing goals scored by goals against.
- In the event that Goal Average does not differentiate between the teams, then Goal Difference shall be applied, i.e., the team with the higher difference score over the course of the season shall take precedence.
- In the event that Goal Difference does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence
- Where one of the teams has its Goal Average, Goal Difference or total number of goals scored affected by cancellations, then the goals scored by and against defaulting team(s) shall be omitted from the calculations of both teams level on points. For example, in the event that one team received 5 points for a cancelled match, then the goals scored by and against both teams level on points, in all games against the offending team will not be included when its Goal Average or Goal Difference or total number of goals is calculated
- In the event that neither Goal Average nor Goal Difference nor goals scored can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the winning team
- In the event that none of the above differentiates between the teams, the RMB, or its nominee(s), shall determine the means of differentiation

4.5 The team which finishes top of the Regional League at the end of the season will be the winners of the competition. They will be eligible for promotion, via play-offs, to the Premier League, and will contest a play-off involving other Regional League teams in accordance with Premier League rules. If the League winner is not eligible for promotion to the Premier League, the RMB, or its nominee(s), will determine the Regional representative (Club) to go forward (see Rule 5.1).

4.6 At the end of each season, any team or teams which are based in the region in which the Regional League is played, and which are relegated from the Premier League, will be automatically included within the Regional League Division 1 for the following season. The RMB, or its nominee(s), will determine the structure of the League (see Rule 5.7)

4.7 At the end of each season, relegation will take place from the Regional League in accordance with procedures agreed between the RMB and the organising committees of the County League operated by the constituent County Associations. Any team relegated from the Regional League will participate in the following season in the County League operated by the County Association to which the team holds Membership.

5 PROMOTION AND RELEGATION

5.1 Winners and any other eligible 1st division team within the Regional League may be eligible to contest at a play-off for entry into the Premier League. In the event of either team not being able to accept the nomination of the region for the play-offs, the next highest placed team able to accept the nomination will represent the region at a play-off for the Premier League.

5.2 Team 8 in Division 1 will normally be relegated to Division 2. Team 7 may be relegated subject to rule 5.7.

- 5.3 The winners of Division 2 will normally be promoted to Division 1. The second placed team may be promoted subject to rule 5.7.
- 5.4 Team 8 in Division 2 will normally be relegated to Division 3. Team 7 may be relegated subject to Rule 5.7.
- 5.5 The winners of Division 3 will normally be promoted to Division 2. The second place team may be promoted subject to rule 5.7.
- 5.6 The bottom team in Division 3 will be demoted to the appropriate County League. The second from bottom in Division 3 will be eligible for a play-off with other County Champion teams for entry to the Regional League Division 3.
- 5.7 In the event that the promotion and relegation of clubs under rules 5.2 to 5.6 would materially alter the structure of the Regional League, the RMB will make arrangements for the structure of the league as it deems appropriate.
- 5.8 In respect of the play-off competition to determine entry to the Regional League, competing teams are required to register a squad of up to 12 players one week prior to the competition.
- 5.9 The eligibility of players to compete for teams in the play-off competition shall be governed by rules 2.6 to 2.10 and the following criteria:
- 5.9.1 In respect of a team which has competed in the Regional League during the season, only players who have played for that team, and remain eligible to play, may be registered.
- 5.9.2 A player who has already played for a different club in the Regional League may not be registered.
- 5.9.3 A player who has played in the Premier League to the level outlined in Rule 3.7 above and/or a player who has played for a Super League Team may not be registered.
- 5.9.4 In circumstances where a second team of a club entered in the Premier League, or having gained a place via playoffs for the forthcoming season is competing, a player may not be registered if that player has played in the Regional League to the level outlined in Rule 3.7.
- 5.9.5 Players registered must have played for that team in their qualifying competition (e.g. County League) during the season.

6. MATCH ARRANGEMENTS

- 6.1 Matches will be played at indoor venues within the Region with adequate surrounds and ancillary facilities for approximately 30 participants, including changing and showering facilities for both sexes, in accordance with the documented Minimum Criteria (as set out in the Regional League's Venue Risk Assessment Form), unless otherwise agreed by the RMB. Clubs are responsible for the full cost of hire of their facilities. The RMB will conduct a risk assessment of venues to ensure they are suitable. Umpires will conduct a risk assessment prior to each match to ensure that the venue is suitable for the match to be played.
- 6.2 The costs of venues for the League will be borne by the clubs, either directly or through the entry fee to the League. Where central venues are used, the RMB may be responsible for arranging the venue and setting the costs to be paid by the clubs. Clubs will be responsible for the costs and booking of their home venues.
- 6.3 All matches must be played on the date specified by the fixture schedule, or except as otherwise agreed by the RMB, and take place on the dates agreed by the RMB. Where the Regional League sets a reserve date, this must be used for the first postponed match.
- 6.4 Matches are to start between 9.30am and 2.30 pm. Any dispute over start times will be determined by the RMB at its absolute discretion. The home team must provide their opponents with any changes to the confirmed schedule in writing at least 21 days prior to the date of the match. This should include the date of the match, its start time, and travel directions, including venue Post Code. The booking slot for each match should, where possible, be for a minimum of 2 hours.

6.5 All teams will be responsible for the costs and arrangement of their travel, and should allow sufficient time to cover any unexpected delays. Matches should start at the agreed start time, or as soon thereafter as both teams have the minimum number of players, required by the rules, to start the match. The umpires will be the sole judges of this.

If a team, or teams, are not able or willing to start the game 15 minutes after the agreed start time, the match may be forfeited and the non-offending team may be awarded the points for the match. The offending team may be deducted points in respect of a match not played.

The umpires and teams may be asked to submit reports on the circumstances to the RMB which will decide upon the result and the allocation of points.

6.6 No team may postpone or cancel a match without the agreement of the RMB. Matches which are postponed due to extreme and unforeseen circumstances or for any other reason; e.g., flash flood, heavy snowfall, must be played as agreed by the RMB.

6.7 If a team cancels a match or fails to fulfil a match, except as allowed for in rule 6.6

- The non-offending team will be awarded five (5) league points for the match, and the team which cancels will have five (5) league points deducted from their total
- The team which cancels may be liable to pay any costs which the non-offending team and match officials have incurred, subject to the deliberations of the RMB
- The playing of a friendly match will not constitute fulfilling a match, and the offending team will be deducted 5 league points.

6.8 If a match is cancelled, it is the responsibility of the home team to ensure that the Venue Co-ordinator, RMB, the opposition and both umpires are informed immediately the cancellation is known. Cancelled games will be played on a set date unless otherwise agreed by the RMB.

6.10 In the event that a match which is abandoned for any reason or not played as per rule 6.6; e.g., because of serious injury, the result or re-playing of that match will be determined by the RMB in whatever means it deems appropriate.

6.11 All players for each team participating in the match must wear the same colour and design of kit.

6.12 Umpires shall undertake ID checks in respect of players named on the Match Sheet before the start of the match, so all players must have current photo ID or an electronic picture of their photo ID with them to provide to the umpires.

7. MATCH REGULATIONS

7.1 All matches shall be played to the World Netball rules of the Game currently in force in England at the time, except where specific regulations may apply.

7.2 All matches shall be of one hour's duration (i.e., four quarters of 15 minutes each). Each Quarter-time interval will be 4 minutes: Half-time will be 8 minutes, unless both teams and the match officials agree otherwise.

7.3 All matches will be played and are subject to EN's current Domestic Rules Guidance.

8. MATCH OFFICIALS

8.1 Suitable Umpires identified by the RMB will be placed into a pool. Neutral umpires shall be allocated to each match by the Regional League Officiating Co-ordinator and their appointment will be notified to the teams in advance of each match.

8.1.1 Divisions 1 & 2 will be allocated A or B Award umpires.

8.1.2 Division 3 will be allocated A or B Award umpires or C Award umpires who have passed their written B/A Award written paper and are recommended by their County Officiating Lead.

8.2 Clubs shall be responsible for providing the Regional League Officiating Co-ordinator with confirmation in writing of all matches, their start time, and travel directions by 31st July.

8.3 The umpires' travel expenses will be a payment which shall be determined by the RMB.

8.4 In the event that an umpire fails to arrive, or is injured or taken ill during a match, the following procedure will be applied, subject to the agreement of both teams:

- If another umpire of the appropriate standard is available then she/he will umpire the match for the entire duration of the match
- Replacement umpires, who may be a coach, are not allowed to coach during the match or at intervals.
- Failing that, the next best-qualified umpire should be used
- The RMB must be informed immediately after the match.
- A replacement umpire MUST be an ACTIVE MEMBER OF ENGLAND NETBALL as listed on the ENgage system.

8.5 In conjunction with England Netball, the RMB will have responsibility for procedures, which ensure that umpires conform to a standard of physical fitness, as agreed by the RMB and England Netball guidelines, which allows them to keep pace with the speed and variability of the game(s). The RMB will keep such procedures under review and may seek further assessment or evidence from umpires to verify their standard of physical fitness as deemed appropriate.

8.6 Scorers will be required for all matches. Each team must provide a competent scorer who is preferably a qualified umpire and who must remain a scorer for the entire match. Scorers must not coach. A timekeeper must always be provided. The scorer and timekeeper may be the same person.

8.7 The Regional League Protocols for Clubs, Umpires and Scorers which are to be applied to all matches are circulated in the Regional League Handbook.

9. SUBMISSION OF RESULTS

9.1 The first named team on each match will be deemed to be the home team and will provide the result sheet including the Game Management Section.

9.2 The fully and correctly completed official result sheet must be checked and signed by both captains and umpires and sent to the RMB to be received within 2 working days of the match. The score for the match will not be registered until the result sheet has been provided. Failure by a team to comply with Rule 9.2 will result in a 2 points deduction or such other penalties as the RMB deems appropriate. Both teams must complete and submit the results online using the link to the L&SER Google Doc as required and provided by the Region's Results Administrator

9.3 Results must also be sent by text or e-mail within 24 hours by the home team as directed in the Regional League Handbook.

10 COMPETITION REFEREE

10.1 The Competition Referee is the Chair of the Competition Technical Support Group (CTSG).

10.2 The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising throughout the Regional League including, but not limited to:

- 10.2.1 Altering or amending the playing schedule as necessary;
- 10.2.2 Determining if there has been a breach of the Regulations and imposing an appropriate sanction (including disqualification of any individual, Player or Team). Such penalties will include but not be limited to reprimands, the deduction of league points, fines, suspensions, and expulsion from the Regional League, except as specified below:
 - a. The use of a player without England Netball Membership will result in a deduction of 3 league points on each occasion. The result of the match will still stand.
 - b. The use of an unregistered or ineligible player or a player, who is under age, without seeking Age Banding permission, will result in a deduction of 2 league points. The result of the match will still stand.
 - c. In the event that a team fails to play, the non-offending team will be awarded 5 points for the match and the offending team will have 5 points deducted from their total (Failure to play is defined as not playing in a game, without prior consent from the RMB and with the opposition and officials expecting that the game would be played). The offending team will be liable for any extra costs incurred. (This rule to be applied with reference to rules 6.7, 6.8 & 6.9)

10.2.3 Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute, including instances of Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition;

10.2.4 Determine the score should any Match not be concluded due to any unforeseen circumstance;

10.2.5 Any matter not covered specifically within the Regulations.

10.3 The Competition Referee may call upon, or delegate to, additional persons to assist with the Regional League or consult with other persons prior to making any decision. However, the final decision and accountability for the decision will rest with the Competition Referee.

11 COMPETITION COMPLAINTS PROCEDURE

11.1 All queries and complaints (Complaint) should be directed to the Competition Referee in the first instance to be dealt with as follows:

11.1.1 Where the Complaint relates to the playing of a match, the scoring, and/or its result, the relevant team or match official, must do the following:

- a. inform their opponents and the umpires of their complaint on the day of the match, either before the start or at the end of the match, not during match intervals.
- b. mark the score card with the words "Under Protest";
- c. send the marked score card to the Competition Referee within 72 hours of the match;
- d. attach a letter or email to the scorecard to explain the issue in full to the Competition Referee;
- e. and the Competition Referee will decide what action should be taken.

11.1.2 The Competition Referee will acknowledge receipt of the query or complaint and make a decision on the matter within 72 hours of receipt of the query or complaint or as soon as possible thereafter.

The Competition Referee's decision in relation to decisions taken under clause 11.1.1 is binding. Parties to the Complaint shall have the right to appeal the decision under rule 12 below.

11.2 Where the Complaint relates to the governance or administration of the Regional League by the Competition TSG, such Complaints will be dealt with under the Complaints Procedure of the London & South East Region Netball Association.

11.3 Where the Complaint relates to the behaviour of an individual or team participating, volunteering or attending a match or using social media technology to bring the game into disrepute or make an inappropriate comment about a fellow player, coach, official, volunteer or the governing body which could be considered as a Disciplinary Offence under England Netball's Disciplinary Regulations, such Complaints will be dealt with in accordance with the processes set out in England Netball's Disciplinary Regulations.

11.4 Complaints cannot be made in relation to a decision made by an umpire in line with World Netball's Rules of Netball.

12 APPEAL OF COMPETITION REFEREE DECISION

12.1 The decision of the Competition Referee in relation to a complaint submitted in accordance with section 11.1.1 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances:

- a. If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; **AND**
- b. If there has been a failure by the Competition Referee to follow or act in accordance with these Rules and Regulations or the Competition Referee reached a decision on the basis of an error of fact.

These are the only grounds of appeal and any appeal must be submitted in accordance with the appeals process.

12.2 An appeal should be forwarded in writing from the Secretary of the appealing Team to the Competition Referee, within 72 hours of receiving the decision, who will refer it to the Regional Management Board.

12.3 The appeal shall be accompanied by a payment of £100 via bank transfer which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee (CAC) will decide whether the extenuating circumstance warrant the payment being returned.

12.4 The Regional Management Board will establish a CAC which will consist of individuals that are independent of and not connected to the Regional League. One of those individuals will be appointed as the Chair.

12.5 The Chair of the CAC will send the appeal to the opposing Team and any other Team the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seventy two (72) hours, from the date the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.

12.6 All submissions and evidence must be submitted in writing. The Chair of CAC will have the discretion to determine the process, procedure and direction of the appeal.

12.7 The CAC shall meet and reach a determination within seventy two (72) hours of receiving all the evidence and submissions.

12.8 The CAC will notify all the parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within twenty four (24) hours of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever means it considers appropriate.

12.9 The CAC shall have the delegated power of Regional Management Board to make all decisions and impose and enforce any penalties and sanctions (including but not limited to, reprimands, the deduction of points, fines, suspensions and expulsions from the Competition) relating to the appeal. There is no further right of appeal on this decision.

12.10 The procedures set out in this section shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.

12.11 The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures Manual or otherwise, insofar as such waiver may be validly made.

12.12 The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 12 shall be English Law.

12.13 If the circumstances require a decision to be taken sooner than provided for by this section, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made and the decision taken can be shorter than seventy two (72) hours stated in this Section. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties

13. MISCELLANEOUS PROVISIONS

13.1 All clubs will be held responsible for their players, officials and spectators.

13.2 It is the responsibility of each team to provide adequate first aid cover for its players which shall also be made available to the match officials on request.

13.3 Jewellery/Medic Alert Bracelets

All jewellery must be removed when playing netball, and players wearing jewellery (including body piercing) will not be allowed on court. Players may not wear anything that could endanger themselves or other players and no communication devices may be worn.

The following exceptions will apply:

- Wedding rings may be worn, but must be taped
- Medic alert bracelets may be worn, but must be secured in such a manner that they will not constitute a danger to an opponent, i.e., with clear tape, and in such a way that it cannot be removed/lifted off by any accidental contact

- **Daith Piercings for Migraines** - The medical evidence regarding a Daith/Tragus piercing is only anecdotal at this time with some Doctors prepared to support its use and some that do not. England Netball would suggest that a player gets a supporting letter from a Doctor and then appeals to their league committee for a dispensation as there may be local regulations that apply. If granted, it is suggested that the player wears a headband covering her piercing. Taping is not sufficient and the headband would offer an additional level of safety to the wearer and other players. The advice from EN is that all piercings are removed at this stage unless they are single ended dermal piercings that require medical removal. These should be suitably covered with a padded dressing and securely taped. Please refer to the EN Domestic Rules Guidance for further information.
- Player monitoring devices may be worn provided they are secured within the playing uniform

13.4 Head Covering

The priority must be to encourage increased participation in sport, with sensitivity to the religious practices and cultural differences, together with the safety of all participants. With this in mind the player, together with the coach/teacher/parent etc. should ensure that the material used for the head covering is soft, without embellishments which might constitute a danger and with potential flowing/flapping edges held securely around the neck or tucked into shirt collar. It should be as neat and secure as possible.

Baseball caps etc are not permitted.

13.5 Gloves

No form of glove may be worn when playing netball. If for medical reasons gloves are required, then on production of an appropriate medical certificate, the RMB may allow gloves to be worn. These players are then to be advised to have Personal Liability Insurance. There is no reason for an umpire to request a medical certificate from a player nor is it necessary for the player to obtain a medical certificate annually.

Umpires are advised that if a medical certificate is produced and gloves are worn they should be plain, soft, leather type gloves, seamless or with internal seams. Umpires are reminded that they still have to be satisfied that any gloves worn do not present an obvious hazard to other players.

Please note that if gloves are worn this does not supersede the international ruling on nails.

13.6 Hair

In the interest of safety, players who have long hair tied in a pony tail must ensure that it does not present a hazard by allowing it to swing in the faces of other players. Hair must be free from any adornment.

13.7 Tattoos

Tattoos that display offensive language or images should be covered. Even with this approach, there is a sliding scale on the tolerance of what constitutes offensive language in modern times. However, as a general rule, words that you would not likely use in a business email are those that would need to be covered.

13.8 Nails

Fingernails must be short and smooth.

REGIONAL LEAGUE – PRIMARY CARER

Regional League Rule 1.3 – Bench Officials – Primary Carer

Preferably the team will have a Primary Care person who does not have any other roles as a team official or player in line with World Netball Rules. However, within the London & South East Region League, a Primary Care person's role can be combined with another team official or player role.

Management of an Injury without a primary carer

Before a match starts, a team must identify who is responsible for managing injuries to players in their team if no suitably qualified Primary Carer is present with their team.

SAFEGUARDING & CHILD PROTECTION ISSUES

Initially, the home Team Manager must be advised, then the Regional Unit at the earliest opportunity.

The Lead Child Protection Officer in England Netball for safeguarding and child protection can be contacted on **07384 214 726**. They will source specialist advice and support on these issues as appropriate. They can also be e-mailed at: safeguarding@englandnetball.co.uk.

If you receive any enquiry which is about, or relates to, a child protection concern or issue, please pass this directly and immediately to the Lead Child Protection Officer. This includes written and verbal information. It is also important that confidentiality is maintained in these matters, so once you have passed it on, please do not communicate information on such an enquiry to anyone other than the Lead Child Protection Officer.

See the England Netball website for more information on Safeguarding & Protecting Young People in Netball: 01509 277850 or e-mail besafe@englandnetball.co.uk.

PHOTOGRAPHY GUIDELINES

It is the responsibility of the home team to ensure that photography does not take place unless permission has been obtained.

- Any individual wishing to engage in any video, zoom or close range photography (including camera phone technology), must register their details with the home team and/or Venue Co-ordinator before carrying out such photography.
- The photographer/camera person will be issued with official London & South East Region identification and this must be clearly displayed throughout the event whilst engaging in video recording or photography.
- Any individual taking part in photography without official accreditation should expect to be challenged by the home team and/or Venue Co-ordinator.
- Anyone who has a concern regarding the inappropriate use of photographic equipment should report these to the home Team Manager and/or Venue Co-ordinator.
- The home team and/or Venue Co-ordinator will challenge any person deemed to be using photographic equipment in an inappropriate manner.
- All children featured in recordings and photography must be appropriately dressed with outer clothing garments covering their torso from at least the bottom of the neck to their thighs, (i.e. minimum of vest/shirt and skirt or one-piece dress).
- The photography or recording should focus on the activity not the individual. Where possible the imagery of children/young people should be recorded in groups (the groups may consist of any combination of adults and children).
- No child or young person should be unsupervised while partaking in one-to-one shoots or interviews at England Netball events.
- No photography or recording should take place outside of the event or at a netball player's home.
- Images of any child or young person who is under a court order should not be recorded or published.

Procedure for photography/filming at Regional League:

1. Anyone wishing to film or take pictures must sign in with the home Team Manager and/or Venue Co-ordinator, and complete the form stating who they wish to film/photograph.
2. Permission from the Team Managers of the teams must be sought for this to happen. If the Team Manager agrees then they must sign to say they agree. If an adult or U18 within a team does not wish to be filmed/photographed then this cannot take place during a game.

Please note: it is the responsibility of Team Managers to ensure that they have parental permission for any player in their team who is U18 for filming/photography. If the Team Manager does not give permission, then filming/photography is not permitted during that game.

PHOTOGRAPHY SIGN-IN SHEET

London & South East Regional League	
Date	
Venue	

Name			
Tel no.			
Home Team			
Home Team Manager Name		Home Team Manager Signature	
Away Team			
Away Team Manager Name		Away Team Manager Signature	

Name	Signature	Club/Organisation

[illegible]

Return to: Laura Pawley, 35 Sunnymede Avenue Carshalton Beeches Surrey SM5 4JA.

Email: lp@gumersalls.co.uk

AGE BANDING

- The Age Banding Guidance and Support details together with the Application Form as issued by England Netball are included and **SHOULD BE READ CAREFULLY**.
- Age Banding Applications must be completed for each athlete individually.
- Age banding must be requested for every competition (e.g. Regional, County) with which the player wishes to be involved.
- For the Regional League, the **FULLY COMPLETED AND PROPERLY** (not electronically) **SIGNED** Application Form/s must be submitted **when registering the player/players**.
- Applications must be forwarded to both Helen Telfer and the Regional Office.

Helen Telfer

E-mail: helen.telfer55@outlook.com

Contact number: 07796 494 217

Regional Office

Email: londonandsoutheast@englandnetball.co.uk

Age Banding Guidance and Support

In the interest of fair and enjoyable participation in netball, it is recognised that the development of players, may make it desirable for them to train and/or play above their age band. England Netball has developed this Guidance for use in considering the appropriateness of a young person taking part in activities above their age band, with the welfare of that young person being paramount in that decision. This Guidance applies to requests for any young person to be allowed to take part in activities with others above their age band at England Netball national events and it is recommended for Regional and County activities.

The following Age Banding restrictions for all competitions as follows:

- Any athlete competing in Adult competition must be over the age of 14
- Any athlete competing in U19 competition must be over the age of 14 and Under 19
- Any athlete competing in U16 competition must be over the age of 14 and Under 16
- Any athlete competing in U14 competition must be over the age of 11 and Under 14

*(All ages are taken at 11.59pm on the 31st August immediately prior to the competition)
(These are recommended Age Banding guidelines, please refer to specific competition regulations to confirm eligibility)*

These restrictions are in place to ensure that all teams apply the same age limits and to ensure the protection of potentially vulnerable players. In some exceptional circumstances, a player may demonstrate a level of skill and maturity that suggests they may be more suited to taking part in an activity at a higher age band. In these circumstances, representatives from the club/school (Coach and Club/School Safeguarding Officer) along with the parent should complete an assessment that will assist them in making the decision about that young person's suitability to play outside of their Age Band.

The Process

A Level 2 Coach, Club/School Safeguarding Officer and the parent(s) or carer(s) of the player, must complete an Age Banding form, available from the England Netball website. This form should be used by all of the above individuals and if agreed between all parties, the form should be signed by all parties and sent through to the relevant Competition Organiser for the competition the player is being requested age banding permission to play in, alongside any other required registration forms or entry sheets. Upon receipt of this form by the Competition Organiser, the player is eligible to compete in the competition.

This process must be repeated for each season and individual competition. Where a form has been completed for a player at a certain round of a competition (eg County Round of National Schools) and the team progress to

the next level (eg Regional Round), the form must be resubmitted to the competition organiser of that round to ensure the player is eligible.

Safeguarding Considerations

England Netball supports player development at every level and aims to ensure that through guidance and provision, opportunities for this can be made available for all. Young netballers develop at different rates and therefore the opportunities they require or request may not always be based on their chronological age. England Netball have therefore developed this Guidance to assist schools, clubs, parents and players in making informed decisions about the suitability of individuals to “play up” from their age band.

Those closest to a player are best placed to make judgements on their emotional, social and physical development and maturity and, their readiness to “play up”. For this reason, England Netball has determined that the only meaningful way for decisions to be made on the appropriateness of a player playing above their age group, is by these people. The list below shows those that should work together to assess the suitability of a player to “play up”;

- Parent
- Level 2 Coach
- Club/School Safeguarding Officer

The coach is best placed to judge the young person’s physical development and skills level. They should consider:-

- The position within the team which the young person usually plays and the one which they would be playing in if they played up;
- The young person’s physical development in comparison to the other team members, including opposition;
- The potential impact on the team mates and opposition of the young person;
- The young person’s social and personal development, particularly in regard to their resilience for coping with new environments and greater demands;
- The benefits for the young person’s development (physiological, physical, tactical, technical etc)

In all decisions, the welfare of the young person is paramount. This means their personal development and enjoyment of an activity are key determinants in reaching the decision, not the needs of a team or the attainment of results.

When considering whether an individual is suitable to play above their age band, a risk assessment of the playing environment in which it is suggested the young person play, should be carried out. The whole event should be assessed including the training and any game environment, transport arrangements and changing facilities, to ensure that a safe environment for that young person exists. Where any identified risks are noted, consideration should be given to whether and how those risks can be minimised. Where the risks cannot be minimised, the decision should side toward caution.

The risk assessment and risk management measures should be shared and discussed with the player, parent(s)/carers and the Club/School Safeguarding Officer.

As the Club/School Safeguarding Officer is responsible for ensuring that local arrangements for the safeguarding of young people are adequate, this person has an independent role in assessing the decisions of the coach. Their opinion must be sought and taken into account.

ENGLAND NETBALL
Sports Park, 3 Oakwood Drive, Loughborough LE11 3QF
Tel: 01509 277850
Email: competitionevents@englandnetball.co.uk
www.englandnetball.co.uk

ENGLAND NETBALL AGE BANDING APPLICATION FORM 2026-2027

Name of Player		Club/School	
County		Region	
Date of Birth		EN Mem No.	
Requesting to Play in Age Group		Competition	L&SE Regional Senior League 2026-2027
<u>Contact details of person completing form:</u>			
Name:		Address:	
			Post Code:
Home Telephone:		Mobile:	
<u>Email:</u>		Today's Date:	

The following must be completed and returned to Helen Telfer (helen.telfer55@outlook.com) and the Regional Office (londonandsoutheast@englandnetball.co.uk) with the player's Registration before the player is eligible to play out of their age band. By completing this form you are determining that this player is suitable to play above their current age band. Please refer to the Age Banding Guidance and Support document before completing this form.

1)	Is the player currently in the England Performance Pathway (e.g. Satellite, County)?	YES ☐ Please proceed to question 2 NO ☐ Please proceed to question 3	
2)	Please state the level of the Performance Pathway the player is currently in, and the venue of the Academy		
3)	What level of competition is the player currently involved in?		
4)	What is the reason for the age band request?		
5)	Who will support/mentor the player during the process for her feeling at ease with the transition?	Name	Position
6)	What monitoring strategy has been agreed by all interested parties?		

Please complete and tick the appropriate box

The player:-

• has shown the physical ability to compete at a higher level	YES		NO	
• has shown the emotional ability to transition to a higher age band	YES		NO	
• has the technical and tactical ability to take part at the level of the higher age band	YES		NO	
• progress will be regularly monitored	YES		NO	
• The Team Coach has discussed this application with the player, the Club/School Safeguarding Officer and the player's parent(s)/guardian(s) (if the player is Under 18 years of age)	YES		NO	

Signed:		Coach
		School/Club Safeguarding Officer
		Parent

NB: Please note that approval is not needed for this process. Completion and submission of this form will act as approval for the player to play out of their age band, providing it is completed in full and received by Helen Telfer within the timescales they permit.

Please refer to the competition regulations before submitting this form

For queries relating to age banding in general please contact: compevents@englandnetball.co.uk

England Netball, Sports Park, 3 Oakwood Drive, Loughborough, LE11 3QF

Tel: 01509 277850

PROTOCOLS FOR CLUBS, UMPIRES AND SCORERS AT REGIONAL LEAGUE MATCHES

PRE MATCH

1. The home team will greet the umpires and establish a suitable scoring table and officials' area.
2. The home team will ensure that there are sufficient timing devices to control the match and signal the end of play (e.g. an air horn).
3. The home team will provide a Result Sheet for the match which should have the squad players for each team entered before the start of play. The scorers for both teams should be identified to the umpires as soon as possible before the start of the match.
4. The umpires will confirm the agreed start time of the match to the scorers who will then advise of the time (i. 15 minutes before time. ii. 2 minutes before time. iii. 30 seconds before time. iv. 10 seconds before time.).

DURING THE MATCH

5. The scorers will record and agree the score at every goal scored and the next centre pass. The scorers will also record the squad members playing each quarter for both teams, including those playing as a result of injury, as the match progresses.
6. The scorers will maintain the timing of each quarter of the match and respond immediately to the umpires' requests for a time out for any reason.
7. The scorers will maintain the timing of each timeout and, if for blood, illness or injury, advise the umpires when 10 seconds remain of the maximum 30 seconds.
8. The scorers will maintain the timing of each interval between quarters and advise the umpires when 30 seconds and when 10 seconds are remaining.
9. The scorers are required to record all actions (Warning, Suspension or Ordering Off) decided upon by the umpires and responding to their instructions.
10. The scorers will not coach or encourage their team during play or at the match intervals.

POST MATCH

11. The scorers will ensure the Result Sheet is completed and signed by the scorers, captains and umpires. Scores should be recorded for each individual quarter – not the cumulative scores.
12. The home team will be responsible for texting or e-mailing the final result and e-mailing or posting the Result Sheet as directed by the League. Both teams must complete the Google Form, submitted to Helen Telfer.
13. These regulations are in addition to the Regional League rules.

POST MATCH – REFRESHMENTS

14. Clubs competing in the L&SE Regional League are not obliged to provide refreshments for the visiting Squad, Officials and Match Umpires unless they wish to do so.
15. Players, Supporters, Officials and Match Umpires should bring or make arrangements for, their own refreshments and should not expect or assume refreshments will be provided or available at the match or venue.

Regional League 2026-2027 Risk Assessment Report Form	 NETBALL LONDON & SOUTH EAST
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This form, along with the Declaration on the next page, must be completed by a representative from each team along with both umpires at the venue before every Regional League game. **This sheet, together with the declaration should then be returned to Anne Spracklan aspracklan@blueyonder.co.uk**

Date: _____ **Venue:** _____

Teams: _____ **v** _____

PRE-MATCH CHECKLIST

COURT SURFACE AND SURROUNDS

ACCEPTABLE

UNACCEPTABLE

- | | | |
|--|--------------------------|--------------------------|
| 1. Is the court surface free of debris and in adequate condition? | ☐ | ☐ |
| 2. Are the court lines clearly marked and not peeling off? | ☐ | ☐ |
| 3. Is the perimeter / run off at least 0.9m wide and free from obstructions? | ☐ | ☐ |
| 4. Are the goal posts secure and in good condition? | ☐ | ☐ |
| 5. Is the lighting sufficient to ensure safe play? | ☐ | ☐ |
| 6. Are the team benches and scorers suitably placed and secure? | ☐ | ☐ |
| 7. Are spectators adequately controlled and positioned suitably? | ☐ | ☐ |
| 8. Is there any other issue that could constitute a hazard to participants? | ☐ | ☐ |

FIRST AID AND FIRE SAFETY

- | | | |
|--|--------------------------|--------------------------|
| 9. Is a trained first aider / first aid kit available for treating minor injuries? | ☐ | ☐ |
| 10. Is there a procedure in place for dealing with major injuries? | ☐ | ☐ |
| 11. Are fire exits clearly marked and free from obstructions? | ☐ | ☐ |
| 12. Are all participants aware of the drill in case of fire or other emergency? | ☐ | ☐ |

PLAYER CHECKS

- | | | |
|---|--------------------------|--------------------------|
| 13. Have player checks been carried out? | ☐ | ☐ |
| 14. Are all participants (players AND officials) wearing suitable footwear? | ☐ | ☐ |

COMMENTS (especially where any 'unacceptable' box has been checked)

FOR EACH ITEM PLEASE:-

1. Identify if there is a hazard present. If there is a hazard the 'unacceptable' box should be checked. If there is no hazard then the 'acceptable' box must be checked.
2. Enter further details of the hazard in the space provided above. All hazards identified must be cleared before play begins.

JOINT DECLARATION

(To be completed by a representative from each team along with both umpires)

We have jointly completed this Pre-Match Checklist for the match detailed overleaf. All hazards have been identified overleaf and steps have been taken to minimise risk to any participants.

Please delete as appropriate:

- (a) In our joint opinion, it is safe to proceed with the match at this venue, court and time with due regard to the prevailing conditions.
- (b) In our joint opinion, it is not safe to proceed with the match at this venue, court and time and is therefore preventing the game from taking place.
- (c) No joint decision has been made, the do not consider the venue, court and time safe for play. The are commencing play without this risk assessment in joint agreement.

Name, signature and Award held:

Umpire 1: _____

Umpire 2: _____

Team Official 1: _____

Team Official 2: _____

Date _____

NOTE

The completed form is to be sent by the **Home Team** to

ANNE SPRACKLAN

aspracklan@blueyonder.co.uk

LONDON & SOUTH EAST REGIONAL LEAGUE RESULT CARD 2026-2027
(Please write clearly in black ink!)



DATE		DIVISION		VENUE	
MATCH WON BY				FINAL SCORE	

Quarter Scores	Team Name	Q1	Q2	Q3	Q4	Full Time
HOME						
AWAY						

HOME TEAM		Please tick quarter played or part				AWAY TEAM		Please tick quarter played or part			
Player's Full Name						Player's Full Name					
Surname First in Order		1	2	3	4	Surname First in Order		1	2	3	4
1						1					
2						2					
3						3					
4						4					
5						5					
6						6					
7						7					
Sub 1						Sub 1					
Sub 2						Sub 2					
Sub 3						Sub 3					
Sub 4						Sub 4					
Sub 5						Sub 5					

GAME MANAGEMENT						
Q	TEAM	NAME	Pos	ACTION TAKEN (Warning, Suspension, Ordering Off)	REASON	UMPIRE

SCORERS (Please print)		UMPIRES (Please print)	
HOME		1	
AWAY		2	
CAPTAINS (Please print)			
HOME		AWAY	

Text / email RESULT to: gwendaboniface@gmail.com	07855 469093	email RESULT SHEET to all listed below helen.telfer55@outlook.com & aspracklan@blueyonder.co.uk
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